

How to be successful in your first year at BYU



We talked to first-year students and their peer mentors and found challenges most first-year students face.



I. Discover Resources

Balancing classes, social life, and newfound independence can be tough. BYU's online resources and your peer mentors can help you develop your time management skills.

"I wish I knew how to keep a planner and had that habit set up."

"[What helped me most] was using a calendar to keep track of assignments and scheduling out time for each of them."

"[What helped me most] was setting reminders on my phone for when assignments are due."



II. Team Up

BYU classes are a level or two up from high school. Make study groups, get help from your TAs and professors, and talk to advisors about the best classes for you.

"I wish I would've taken advantage of my advisor to help set up classes and plan the future with me."

"[What helped me most] was study 'parties' with friends where we just got together and did work. It was nice to be with other people."

"[What helped me most] was asking the professors questions when I was confused."



III. Reach Out

Every BYU student wonders at some point if they have what it takes to succeed here. When you feel this way, seek support from your faculty, friends, and family.

"I wish I had been more confident in myself and my abilities."

"Talking to my family and friends about things I needed help with [helped me the most]."

"So many professors are super open and welcoming and help me when I struggle with life or with an assignment."

Relevant BYU Student Resources



BYU Student Development Courses

Take STDEV 109, available every semester online and in-person, to boost your time management and study skills.



Academic Success Strategies

Check out learnanywhere.byu.edu for online tips on managing your time.



Academic Advisors

Talk to your College's academic advisor to get help planning what classes to take.